



WRAP BOX LUNCHES

Choice of protein, base and tortilla.

\$13.20 per box lunch

For each box lunch, choose Buffalo, Caesar, Pesto, Jerk, BBQ or Power Wrap

Each wrap box lunch comes with a side of Spicy Slaw or Chips and Crazy Crispy Treat Bites or Cookie

SALAD BOX LUNCHES

Choice of protein.

\$13.20 per box lunch

For each box lunch, choose Santa Fe, Caesar Salad, or Multigrain Salad

Each salad box lunch comes with fresh Tortilla Chips and Crazy Crispy Treat Bites or Cookie

DESSERTS

ASST. COOKIES & BROWNIES PLATTER

\$20.25/dozen

Assorted platter includes 12 individual servings of mixed cookies and brownies.

BROWNIE PLATTER

\$9.25/half dozen

Brownie Platter includes 6 individual servings.

COOKIE PLATTER

\$9.25/half dozen

Cookie platter includes 6 individual servings.

CRAZY CRISPY TREAT

\$5.95/dozen

Regular or Chocolate

WHOLE LEAF TEAS & LIMEADE

\$6.79/half-gallon jug

(cups and sweeteners provided)

Choose from Green Tea, Black Tea, Hibiscus Tea, and Limeade.

CATERING

MISSOURI/ILLINOIS:

314-785-9727 (WRAP)

catering@crazybowlsandwraps.com

PLACING YOUR ORDER

Orders placed 24 hours in advanced are greatly appreciated

DELIVERY

Minimum order of \$75. Delivery fee of \$20

PAYMENT OPTIONS

American Express®, VISA®, MasterCard®, Discover®, Company Check or Established Account

CANCELLATION POLICY

Crazy Bowls & Wraps cannot refund orders unless they are canceled at least 24 hours prior to the event



online ordering for
catering now available

CrazyBowlsAndWraps.com



WHOLESOME
INGREDIENTS



REAL FOOD, MADE
FROM SCRATCH



CREATING HEALTHIER
COMMUNITIES

go for the good.™

Allergen Information

Many of our products contain or may come into contact with common allergens such as peanuts and gluters.

Prior to placing your order please inform a manager of your food allergy.

CATERING MENU



WRAP PLATTER

\$54.00 per tray (5 wraps per tray)

1 Choose any combination of the wraps below.

WRAP OPTIONS

Jerk Wrap

Spicy slaw, pico de gallo, beans, lime, feta, cucumber, jerk rub, jerk sauce

Pesto Wrap

Spinach, asiago, red pepper, zucchini, creamy nut-free basil pesto sauce

Buffalo Wrap

Romaine, cheddar, creamy buffalo sauce

BBQ Wrap

Romaine, spicy slaw, cheddar, BBQ sauce

Caesar Wrap

Romaine, asiago, caesar

Power Wrap

Beans, romaine, cheddar, avocado, corn salsa, pico de gallo

2 Choose a whole-wheat, flour, or tomato tortilla for each wrap

3 Choose a Protein

4 Choose Jasmine Rice or Brown Rice for each wrap. Organic Quinoa (+\$0.75 for each wrap)

TORTILLA CHIPS & SALSA PLATTER

\$12.00/half platter (serves 5-10)

\$22.20/full platter (serves 10-20)

- pico de gallo
- corn salsa
- fire roasted salsa
- hummus (gluten free, vegan)
- creamy buffalo sauce
- gluten free jalapeño-cilantro sauce

Add Guacamole +\$24 (serves 10-15)

Add Queso +\$20 (serves 10-15)



MINI TACO PLATTER

\$54.00

10 mini tacos. Choose up to 5 wrap flavors to mix and match.

FRUIT BOWL

\$29.95 Small serves 8-12

\$49.95 Large serves 12-16



SALAD PLATTER

\$36.00 Small serves 5-10

\$48.00 Full serves 10-20

Add grilled chicken +\$8 for small and +\$13 for full

SALAD OPTIONS

Santa Fe Salad

Mixed greens topped with our corn salsa, pico de gallo, tortilla strips, cheddar, and avocado's. Tomato ranch dressing

Caesar Salad

Romaine, tomato, asiago, caesar

APP PLATTER

Chicken Tex Mex

Egg Roll \$26.00/dozen

Served with creamy buffalo sauce

Lobster Rangoon \$18.00/dozen

Served with sweet and sour sauce

Edamame Sampler \$24.00

Serves 10-12

Choose up to 4 different flavors

Tostada Starter Sampler \$27.00

6 tostadas with spicy slaw, feta, pico de gallo, and avocado. Topped with your choice of up to 3 proteins and 2 8oz salsas on side



Crispy Chicken Bites

Sauce on side options of teriyaki, buffalo, bbq, pesto, tomato ranch

\$24.00 Small

Serves 8-10

Comes with 4-8oz sauces

\$35.00 Medium

Serves 15-20

Comes with 6-8oz sauces

\$54.00 Large

Serves 25-30

Comes with 8-8oz sauces



QUINOA BOWL

Available until 10:30am daily | \$5.95 each

All served with almond milk, honey, cinnamon and a zest of orange

Banana Chocolate Chip

Mixed Berry

BREAKFAST BAR

Available until 10:30am daily

\$7.50 per person (15 person minimum)

Fresh cracked eggs, cheddar cheese, turkey sausage, and choice of 2 salsas. Served with tortillas.

Add quinoa bowls or a fruit bowl!

CRAZY FAJITA BAR**

\$14.00 per person (15 person minimum)

Add queso +\$24 (serves 10-12)

Choice of protein sauteed with fajita veggies, beans, choice of grain, shredded romaine lettuce, cheddar, guacamole, choice of dressing, choice of 2 salsas. Served with fresh tortilla chips



CRAZY TERIYAKI BAR**

\$13.00 per person (15 person minimum)

Choice of protein tossed in teriyaki sauce, beans, *Steamed mixed veggies, choice of grain, choice of sauce (regular teriyaki, spicy teriyaki, gluten-free Thai peanut sauce, olive oil and herb). House salad served with house dressing.

ALL BARS CAN BE MADE INTO INDIVIDUAL SERVINGS IF PREFERRED.

PROTEIN CHARGES PER PERSON

Grilled Chicken Breast \$1.50

Grilled Organic Tofu \$1.00

Crispy Chicken Breast \$2.00

Plant Based Chicken \$2.00

Beans \$1.00

Pork \$2.00

Pan Seared Steak \$2.75

Pan Seared Wild Alaskan Salmon \$2.75

Gluten Free Quinoa Falafel \$1.00

*Steamed Mixed Veggies

Broccoli, Red Pepper, Zucchini, Cabbage, Kale, Carrots