

CRAZY BOWLS & WRAPS

1 PICK YOUR BASE

Spiralized Zucchini
*Steamed Mixed Veggies

3 SAUCE/FLAVOR BAR OPTIONS

Jalapeño-Cilantro Sauce
Hot Sauce
Pico De Gallo
Roasted Salsa

2 PICK YOUR PROTEIN

Grilled Chicken Breast
(Hormone Free)
Grilled Organic Tofu
(Non GMO)

Pan Seared Steak
+\$2.25 (Cooked to Order)
P2 Pan Seared Wild Alaskan Salmon
+\$2.25 (Cooked to Order)

4 ADDITIONAL ITEMS

P2 Avocado
P2 Feta

BEVERAGES

Black Tea Seasonal Tea
Green Tea Bottle Water

ADD THE FOLLOWING FLAVOR BAR OPTIONS

Ginger Oranges
Mint Limes



P2 = Phase 2

*Steamed Mixed Veggies

Broccoli, Red Pepper, Zucchini, Cabbage, Kale

Always consult with your practitioner

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